### TRAVEL PROGRAM

### **Excursions**

Altamura is a triangle full of wonders and discovery where every angle hosts a marvel in itself UNESCO site: Matera Sassi, the Trulli of Alberobello and the Castel del Monte of Andria. The three itineraries are as follows.

### **ITINERARY 1: MATERA SASSI CULTURAL CAPITAL OF EUROPE 2019**

At 3:00 pm meeting whith tour guide, departure for Matera sassi, about 7 km distance



from Altamura. Once arrived the tour provides a wonderful and historic site to the old town and to the "famous" "SASSI OF MATERA", which has been part of the UNESCO property from 1993; departing from Piazza Vittorio Veneto (whith their dancing fountains in the background), and its panoramic viewpoint on the "SASSI" and the "PALOMBAIO", you will also visit the famous cistern or tanks that were used to reserve all

rain waters. The tour continues to the CATHEDRAL AND SASSO CAVEOSO.

**VITTORIO VENETO SQUARE**: This is the centre and main city square, surrounded integrally by the old historic building dating back to the 16<sup>th</sup> century to 17<sup>th</sup> century. It's



worth going to see "BELVEDERE LUIGI GUERRICCHIO" with holds and incredible glace guarded by the CATHEDRAL.

**BASILICA CATHEDRAL**: built from the 13<sup>th</sup> century a.C., with a splendid view from the Sasso Barisano. It rises on the highest peak of the city the "COLLE OF CIVITAS". The external half of the building is quite known for its outstanding "Romanesquepugliese style"; instead the internal half is mainly

characterized by its classic and baroque elegance. You can also find the famous "Presepe" or stable made and carved by stone, from the Altobello Persio and his son Guido in 1534. The cathedral is considered a fusion between art and Faith: art



represents the maximum capability of human expression and faith as total commitment challenging the centuries in which it represents.

**STROLL-EXCURSION WITHIN THE "SASSO CAVEOSO"**: it's name comes from "CAVEA", one the two districts of the "RIONE SASSI"; entirely scaved by stone, where you can also

admire the empty "cistern or tanks" positioned closely to each other. Nearby "materani" abandoned their caves to occupy new neighborhoods created by urbanites and architects. In 1952 with De Gasperi new hygienic laws, the caves were no longer considered suitable for urban living. In 1993, saved by demolition, the Sassi have been recognized "PATRIMONY OF UNESCO".

During our excursion, it is possible to visit a few sites used to produce the movie "THE PASSION OF CHRIST" by Mel Gibson.

### **ITINERARY 2: the TRULLI of ALBEROBELLO**

At 3:00 p.m., meeting with tour guide and departure for Alberobello about 70km from Altamura.

Once arrived in the city, the tour continues with a stroll in the old part of the city where is mainly dominated by houses called "trulli". The Rioni Monti, a church trullo and a panoramic view of the Cathedral of ST. Medici, is also covered on the site.



#### **ITENERARY 3: CASTEL del MONTE**

Departure at 3:00 p.m. with tour guide (distance approximately 50 km from Altamura). This tour visits the famous and reknow Castle formed in an octagon shape and Swedisch style. This castle was built by Frederic II of Swabia, without kitchen, stalls, armory, prison and outmost importance there aren't defensive port.

The next site is a visit the city of Trani. Here, a relaxing promenade is a must by the beachside; you can also view the Roman Cathedral by the edge of the waters to the Templar Church. This location once celebrated the marriage between King Manfredi (Frederic II's son and Bianca Lancia) with Elena d'Epiro.



## **Italian Class**

# "ITALIAN GRAMMAR" ELEMENTARY LEVEL

Past tenses of verbs;

Names with sillables group "scie, sce, cie, ge, gie".

# **UNIT 1:** Masculine and Feminine names; Singular and plural names; Articles; Personal pronouns; Auxiliar verbs "essere" (to be) and "avere" (to have). PRACTICE: Intruduce your self; how do you spell it? **UNIT 2:** Adverbs of time; Present tense of verbs. PRACTICE: what time is it? **UNIT 3:** Articles "un, uno, una"; Possessive pronouns; Derivate names. PRACTICE: what's your job?; how to ask information (in a shop, at the station, giving directions....). **UNIT 4:** Adjectives;

### PRACTICE:

how to tell/to describe past events.

### **UNIT 5:**

Simple future tense.

### PRACTICE;

how to plan your future; how to tell future events.

## **Programm of KITCHEN CLASS**

**DAY 1:** Basic sauces for italian pasta.

**DAY 2:** Focus on risotto.

**DAY 3:** Regional recipes.